

South Gloucestershire Council: Events Hire

Application for Bradley Stoke parkrun at Three Brooks Local Nature Reserve

Supplementary information

Proposed course

A site map is attached.

parkrun seeks shared use of the course and runners are instructed to respect other park users and give way if necessary. The course will be marshalled for the safety and guidance of both runners and other park users.

Following discussion with SGC, the proposed assembly, briefing and finish area is the grass area adjacent to the bottom of Concorde Way, to avoid obstruction to other path users or disturbance to residents.

Runners will be walked to the start (close to 'a') and set off towards Brook Way where they turn (at 'b'). On return to point 'a' they run out on Concorde Way (turning at 'c' before reaching the point where paths cross) and back to point 'a'. They then turn east towards the Pond (at 'd') and continue on the wide main path to point 'e' where they turn and run the length of the path to Brook Way (at 'b'). Turning a final time they return to Concorde Way where they again run out (to 'c') and back, turning onto the grass finish area.

In summary, the proposed run sequence is:

Start → b → a → c → a → e → b → a → c → Finish

We wish to minimise the impact on other park users and believe this is best achieved by an extended course that spreads runners out. We're particularly conscious of the popularity of the section north of the Pond (shown in blue) with dog-walkers and others. By our estimation runners will be present in that section of the course for approximately 30 minutes, from the arrival of the fastest runners at approx 0910 until the departure of the slowest at approx 0940. On entry to the section the runners will have completed 1.85km and the group will already be very spread out. That spread will continue to extend until all runners have exited the section at 3.35km.

We conducted a user survey of three sections of the course on Saturday 30 April between 0900 and 1000 (copy attached):

- On the section going north from the Pond (shown in blue) we recorded 14 dog walkers between 0910 and 0940 (and 23 during the full hour). Use by walkers and cyclists was minimal.
- On the section going west from the Pond (shown in red) we recorded 15 dog walkers between 0900 and 1000 (some will be the same people recorded above). There were more walkers (8) and cyclists (5) but the numbers were still low.
- On Concorde Way (shown in orange) use was minimal.

We believe that overall this usage is low and can be managed effectively through normal parkrun marshalling and briefing procedures.

We have undertaken a provisional inspection from the point of view of course condition, and health and safety. At the moment the course is largely dry, even and in good condition. Following approval, a detailed risk assessment will be undertaken and reviewed annually. We're aware that the section north from the Pond can become very muddy and can occasionally flood in places. In order to ensure that the course is safe for runners and others, and to avoid causing damage, we propose to:

- Inspect the entire course before each run (this is normal parkrun practice).
- Liaise with South Gloucestershire Council regarding course conditions and any signs of damage (whatever the cause).
- Run a more restricted 'B' course when necessary to avoid any potential problem areas (see proposed alternative course).

Proposed alternative 'B' course

If the section north of the Pond (shown in blue) is unsafe or liable to damage (eg after extensive rain or flooding) we propose the following alternative.

Runners will be walked to the start (close to 'a') and set off towards Brook Way where they turn (at 'b'). On return to point 'a' they run out on Concorde Way (turning at 'c' before reaching the point where paths cross) and back to point 'a'. They then turn east towards the Pond, before turning (at 'd') and returning to point 'a'. This loop is then repeated before taking Concorde Way for a final time, again running out (to 'c') and back, turning onto the grass finish area.

In summary, the run sequence is:

Start → b → a → c → a → d → b → a → c → a → d → a → c → Finish

This course is perfectly manageable as a second option but it has significant disadvantages compared to the proposed main course. It concentrates runners and activity into a smaller area with correspondingly greater impact on other park users. As already mentioned, the survey showed a similar level of use by dog walkers, and more walkers and cyclists than on the 'blue' section. It will also be necessary for faster runners to cross the path of slower runners in order to enter the finish area, creating a collision hazard which will need to be carefully managed.

First aid and emergency procedures

First aid and emergency procedures are under continuous review by parkrun UK and UK Athletics. Currently we do not provide dedicated first aid cover, focusing instead on robust procedures to ensure that professional help is obtained as quickly as possible.

Under current policy:

- The run director and all course marshals carry lanyards detailing emergency numbers and procedures.
- The run director and all course marshals carry mobile phones.
- parkrun UK operates a central Welfare/Incident hotline to provide support and advice.
- Every event carries a sports first aid kit and any medically or first-aid trained runners or volunteers would be asked to provide assistance if necessary.
- The nearest dedicated or public access AED (defibrillator) is identified and this information is included on the emergency action lanyards.

Under development or trial by parkrun UK:

- An emergency first responder system among runners.
- Self identification and registration of medically or first-aid qualified runners and volunteers.
- Delivery of 'Heartsafe Bystander' training in basic first-aid and CPR.
- Availability of dedicated AEDs where shared or public access machines are not immediately available close by.

Conservation and environment

parkrun UK takes its environmental responsibilities very seriously and aims to be a responsible steward for the sites in which it operates. There are numerous parkruns in environmentally sensitive areas, including at least one SSSI. We work closely with National Trust, Forestry Commission, local authorities and other stakeholders (eg 'Friends' or 'Conservation' groups) to ensure parkrun events do not have a detrimental effect on sensitive sites.

Our proposed course is designed to avoid the most sensitive areas of the Reserve and we hope to work closely with South Gloucestershire Council and the Three Brooks Nature Conservation Group to minimise any impact in the areas where the run takes place. While we can't guarantee the availability of volunteer teams we are confident that members of the parkrun community will wish to join the Conservation Group in their periodic working parties, or offer their services in litter-picking and other routine maintenance.

Insurance and indemnity for damage to Council property

parkrun UK carries public liability insurance through its affiliation to UK Athletics and details are provided in the application form. parkrun UK also confirms that, in the event of damage not covered by its insurance, it would underwrite any liability. However, it is our aim to avoid any damage to the site through regular inspection, good stewardship and regular liaison with the responsible South Gloucestershire officers. An 'indemnity clause' is standard in most land use agreements but, as far as we're aware, in over 11 years of operation it has never been necessary for a landowner to invoke that condition.

Indeed, we believe that our regular presence at the site and a system for reporting back on any observed damage, graffiti, fly-tipping, etc, will help the Council identify and address general problems before they become significant costs to the community.

Child safeguarding

parkrun UK operates a rigorous Child Safeguarding Policy at all its events and employs an expert in safeguarding to monitor, review and update the policy and provide for team training in safeguarding issues. The policy can be viewed at

http://wiki.parkrun.info/index.php/junior_parkrun:Child_Safeguarding_Policy

The Child Safeguarding Policy includes a photographic policy. In agreement with South Gloucestershire Council, Bradley Stoke parkrun will make their community aware at each pre-run briefing that photographs might be taken, to ensure understanding and consent.

Car parking

parkrunners are encouraged to walk, jog, cycle or take public transport to its events, or car share where possible. Those driving to Bradley Stoke parkrun will be directed to the Willow Brook Retail Centre with the agreement of the centre management. parkrunners will be asked not to use the Leisure Centre car park or residential streets for parking.

Prepared by:

Representatives of Parkrun UK

9 May 2016

parkrun 5k proposed route



South Gloucestershire Council: Events Hire

Application for Bradley Stoke junior parkrun at Three Brooks Local Nature Reserve

Supplementary information

Proposed course

A site map is attached.

parkrun seeks shared use of the course and runners are instructed to respect other park users and give way if necessary. The course will be marshalled for the safety and guidance of both runners and other park users. At junior parkrun marshals are placed to ensure the entire course is visible to marshals at all times.

Following discussion with SGC, the proposed assembly, briefing and finish area is the grass area adjacent to the bottom of Concorde Way, to avoid obstruction to other path users or disturbance to residents.

Runners will be walked to the start (close to 'a') and set off towards the Pond (at 'b'), where they turn and run the length of the path to Brook Way (at 'c'). They turn and run back to the Pond ('b'), turn again and return to point 'a', and then take Concorde Way for approximately 150m to finish on the grass area adjacent to the path.

In summary, the proposed run sequence is: Start a → b → c → b → a → Finish

The fastest runners will complete the course in under 7 minutes and all runners will normally have completed and vacated the course within around 20 minutes.

We have undertaken a provisional inspection from the point of view of course condition, and health and safety. At the moment the course is largely dry, even and in good condition. Following approval, a detailed risk assessment will be undertaken and reviewed annually. In order to ensure that the course is safe for runners and others, and to avoid causing damage, we propose to:

- Inspect the entire course before each run (this is normal parkrun practice).
- Liaise with South Gloucestershire Council regarding course conditions and any signs of damage (whatever the cause).

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At junior parkrun events, all event directors and run directors are subject to enhanced DBS checks against the children and adults barred lists. The event will be cancelled if there is no DBS-checked run director available to take charge. In addition, event directors are required to complete an online NSPCC safeguarding course.

The Child Safeguarding Policy includes a photographic policy. In agreement with South Gloucestershire Council, Bradley Stoke parkrun will make their community aware at each pre-run briefing that photographs might be taken, to ensure understanding and consent.

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Prepared by:

Representatives of Parkrun UK

9 May 2016

Parkrun 2k junior proposed route

